Evy Cugelman
RN, BA, CVT, QTTT, CEAT

Evy is a graduate of York Regional School of Nursing in Toronto, Ontario and McMaster University in Hamilton, Ontario. She has more than 35 years of nursing experience, including 32 years in gerontology specializing in Dementia and education. She is a Qualified Therapeutic Touch Instructor as well as a Certified Eden Alternative Educator. Evy studied Validation under Naomi Feil in the early 1990's and with Rita Altman, a Validation Master. Currently she is a Culture Change Specialist at Piñon Management, consulting and educating in Long-Term Care Homes as they journey to Person-Directed Care in a Culture Change Model.

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About Piñon Management

Piñon Management has been providing management and consulting services to owners, managers and developers of long-term care facilities in Colorado and New Mexico since 1979. Nationally recognized as leaders and innovators in the long-term care arena, Piñon delivers solutions proven to energize staff and to enrich quality of life for residents.

Piñon Management is deeply committed to Culture Change, a revitalizing force that renews facilities by empowering both residents and staff. Everyday things that most of us take for granted have been denied to long-term care residents for years because of impersonal, regimented environments. Culture Change brings humanity and life to long-term care by giving residents control of their lives and providing staff with the freedom and motivation to accommodate their wishes. Piñon’s Principles of Excellence include a holistic and wellness approach to care: medical and psychosocial care is intertwined to treat the resident as a whole person instead of as an illness.

Validation® Colorado
Piñon Management
12136 W. Bayaud Ave. #200
Lakewood, CO 80228
Phone: 303.883-9264 Fax: 303.987.0434

What is Validation?
Developed from 1963 to 1980 by Naomi Feil, M.S.W., A.C.S.W., it is a tested method that helps elderly, disoriented people reduce stress, enhance dignity and happiness. It is accepting the feelings of another person. It is reaching out with empathy to the person with memory impairment. It is a technique which may help to restore dignity.

Who is it for?
Individuals diagnosed with Alzheimer’s and related disorders who are disoriented in the later stages of life.
Piñon Management’s Certified Validation Worker Course

Piñon’s philosophies and principles embrace Validation as developed by Naomi Feil and the Validation Institute. Our goals are to reach out to ensure health care providers have a way of reaching disoriented elders in a way that promotes dignity and reduces stress.

The Certified Validation Worker Course will enable the practitioner to practice individual Validation, give short presentations of Validation for small groups and provide support to interested people.

Course Requirements

- **Must attend all five Blocks**
- **Must practice Validation techniques a minimum of once each week between blocks and submit homework based on the Validation techniques used.**
- **Must pass a written and practical test to get certification, and submit a video using validation on a client.**

**Block One: February 15 & 16, 2010**

Basic Validation Theory and Beliefs, Stages and Techniques, Erickson’s Stages. **Stage One:** Malorientation. How to begin with Validation. Assignments with Stage One Clients.

**Block Two: April 19 & 20, 2010**

**Stage Two:** Time Confusion with demonstration and practice. Discussion of experiences. Assignments with Stage Two Clients.

**Block Three: June 21 & 22, 2010**

**Stage Three:** Repetitive Motion with demonstration and practice. Discussion of experiences. Assignments with Stage Three Clients.

**Block Four: August 30 & 31, 2010**

**Stage Four:** Vegetation with demonstration and practice. Discussion of experiences. Assignments with Stage Four Clients.

**Block Five: October 25 & 26, 2010**

Written test and practical demonstration (video tape) of Individual Validation.

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CERTIFIED WORKER VALIDATION COURSE REGISTRATION

All blocks will begin at 9:00 a.m. MST and will be held at Piñon Management in Lakewood, Colorado. Hotel information will be provided upon request.

Registration Fee includes all course materials and lunch each day.

Course fee: $1200.00, due by February 1, 2010.

Name__________________________________
Address_________________________________
________________________________________
City/State/Zip ____________________________
Phone __________________________________
E-Mail __________________________________
Fax __________________________________

Method of Payment
☐ Check
☐ Money Order

Please make payment payable to Piñon Management and send to:
Evy Cugelman
Piñon Management
12136 W. Bayaud Ave., Suite 200,
Lakewood, CO 80228

Piñon Management is an Authorized Validation Organization