

## REGISTRATION FORM

complete the registration form available on the website

[www.itis.it](http://www.itis.it)

For a correct registration please fill out clearly in block letters

The duly completed application form must be handed in to the A.S.P. ITIS secretariat or to sent by FAX +390403736220 or email [iscrizioni.validation@itis.it](mailto:iscrizioni.validation@itis.it) before 30 september 2016.

Number of participants is limited and on a first come first served basis, subject to availability of places available and no later than 30 September. No replacements are allowed

### REGISTRATION FEE

### AND PAYMENT METHODS

By 31 agosto 2016:

\*€110 including VAT for registration of private individuals

\*€ 130 Including VAT for registration by Organization/Agency

By il 30 settembre 2016:

\*€120 including VAT for registration of private individuals

\*€ 150 Including VAT for registration by Organization/Agency

Payments can be made:

- by bank transfer;

- In cash c/o any branch of the Banca Popolare di Cividale A.C.P.A. Trieste.

In both cases, payment must be made on the following account IBAN. IT18M 05484 02200 004570389117;

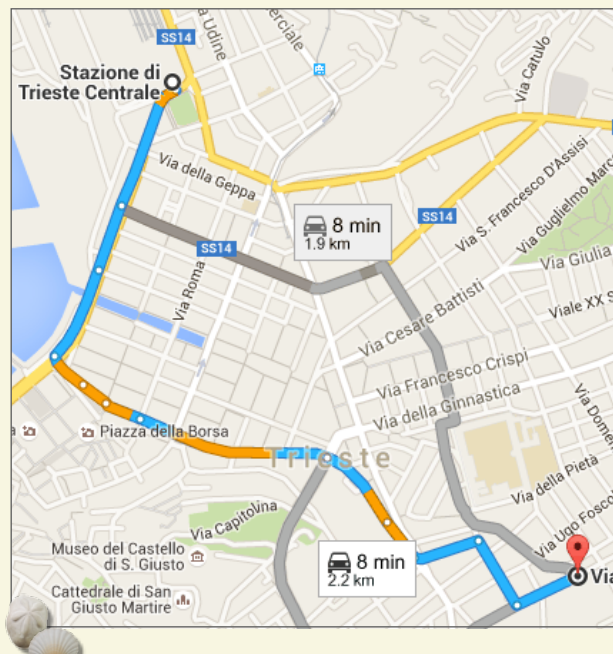
Transfer data: Azienda pubblica di Servizi alla Persona ITIS, NAME LAST NAME REGISTRATION WORKSHOP VALIDATION 6 OCTOBER 2016

IN COLLABORATION WITH AVO



FONDAZIONE CASTELLINI-ONLUS

CME credits requested for staff and social workers



### HOW TO REACH THE VENUE

#### From railway station Trieste Centrale:

Take bus number 19, bus stop via Pascoli - ITIS

#### From motorway A4 Venezia / Trieste:

From motorway exit "Lisert", take exit Sistiana, SS.14 "costiera" to Trieste centro, Viale miramare. From train station take SS14 to Piazza Nicolò Tommaseo, continue on Piazza Nicolò Tommaseo, take Piazza della Borsa to Corso Italia; continue on Corso Italia to Via Antonio Caccia, continue on Via Antonio Caccia and take Via Giuseppe Parini to Via Giovanni Pascoli

### Organizing Secretariat

Validation® Training Center A.S.P. ITIS

Via Pascoli, 31 - 34100 Trieste

Tel. 040 3736210 - Fax 040 3736220

[iscrizioni.validation@itis.it](mailto:iscrizioni.validation@itis.it) - [www.itis.it](http://www.itis.it)



Azienda Pubblica di Servizi alla Persona ITIS

# Validation® METHOD

BY NAOMI FEIL



WORKSHOP HELD BY NAOMI FEIL

AND VICKI de KLERK - RUBIN

**OCTOBER 06<sup>th</sup> 2016**

**AUDITORIUM A.S.P. ITIS**

**VIA PASCOLI, 31**

**TRIESTE - ITALIA**



**NAOMI FEIL**

Naomi Feil, M.S.W., A.C.S.W., is the developer of Validation. She was born in Munich in 1932 and grew up in the Montefiore Home for the Aged in Cleveland Ohio, Where her father was the administrator and her mother, the head of the Social Service Department. After graduating with a Masters degree in Social Work from Columbia University in New York, she began working with the elderly. In 1982 she published her first book, Validation: The Feil Method. Since 1989 she has toured Europe 3 times a year offering workshops in Validation to participants in Germany, the Netherlands, Scandinavia, France, Belgium, Italy, Great Britain, and Austria. The Validation is now recognized as an important method of non- pharmacological approach to working with people with Alzheimer's disease.

#### **VICKI de KLERK - RUBIN**

Vicki de Klerk - Rubin, was born in New York and lives in Holland. She is Validation Master, Executive Director of Validation® Training Institute, a fundamental point of reference for all AVO(Authorized Validation Organization) of Europe.

She is a registered nurse and holds a degree in Arts from Boston University and a Master of Business Administration from Fordham University.

She oversaw the revision of the book Validation, The Feil Method, She is the author of numerous articles and produced a great deal of more specific programs for authorized courses, thereby contributing to maintaining the integrity of the method.

## **THE VALIDATION METHOD**

The Validation method is a method of communication to facilitate the relationship with very old disoriented people. The Validation® is practiced through a non-judgmental attitude and open to the acknowledgement of emotions and universal needs. The basic component is that an emotion recognized and validated by person of trust, decreases in intensity and is less painful; people communicate more and are less locked up in themselves, thereby slowing transition into the progressive phases of disorientation.

Through empathetic listening, using eye contact and touch, Validation practitioners build mutual respect and trust with very old disoriented people.

## **PROGRAM**

Programma workshop	
8.45 – 9.15	<b>Registrazione partecipanti</b>
9.15–9.30	<b>FABIO BONETTA</b> CEO A.S.P. ITIS
9.30 .11.00	<b>NAOMI FEIL</b> *What is normal aging and how do we prepare for getting old? * Empathy and how to find empathy * Finding Integrity * Malorientation: symbols, the meaning behind the behavior * The 4 Phases of Fesolution * The Resolution stage of life: Validation is a self-healing model
11.00 – 11.30	Coffe break
11.30 – 12.30	<b>VICKI de KLERK – RUBIN</b> * Introductions * The Resolution stage of life continued: reasons behind the behavior * Don't lie, divert or confront: there are many levels of consciousness

Programma workshop	
	* Older adults use their "inner eye" to heal themselves * The validation method: basic attitude, theory and techniques * Exercises: finding the right distance, finding eye contact and using a good voice tone
12.30 – 13.30	break
13.30 – 14.30	<b>NAOMI FEIL</b> * Symbols used disoriented elderly * Non- verbal techniques and understanding non verbal behavior
14.30 –15.00	Book signing
15.00– 16.00	<b>VICKI de KLERK – RUBIN</b> * Demostration of techniques * How to handle difficult situations * Where you can find more information and training * The experience of A.S.P. ITIS of Trieste
16.00 – 17.00	* Q&A session / Photos



## **AREA AGENCY ON AGING 2017 CAREGIVER CONFERENCE**

**NAOMI FEIL  
VALIDATION THERAPY**

**July 20, 2017 9am—3pm**  
(registration 8:00—8:45)  
**MCC Conference Center**  
**4601 N. 19th Street**  
**Waco, Texas**

Don't miss this amazing opportunity to meet and learn from world-renowned dementia/Alzheimer's expert Naomi Feil on how to utilize her Validation Therapy to successfully communicate with and reach cognitively impaired individuals. Ms. Feil has traveled the world to teach this method to thousands of individuals in the health care industry.

### **WHO SHOULD ATTEND?**

**Family Caregivers and Friends,  
Social Workers, LPCs,  
Activity Directors, CNAs,  
Professional Caregivers, and  
Private-pay Caregivers**

We want you to feel the joy and love of communicating with disoriented elderly and enjoy new ways of connecting to them.

#### **FREE IN-HOME CARE**

If you need in-home care for your family member during the workshop, please call the Area Agency on Aging of the Heart of Texas.

Please call two weeks in advance to allow time for scheduling the service. **254-292-1855**



*Funded in part by Health and Human Services Commission*



*Validation*

**Breakfast muffins, hot lunch,  
dessert and beverages will be provided.**  
**Door Prizes: Smart TV, YETIs, and  
other very nice prizes.**

### **"EVERYONE MUST REGISTER"**

**\*\*\*SPACE IS LIMITED\*\*\***

**Click on the hyperlink below!!!**

**NO CHARGE UNLESS YOU NEED CEUs.**

**If you don't register you will not be able to attend the workshop or receive door prizes: <https://www.surveymonkey.com/r/NaoimiFeil>**

**CEUs (5) are provided by MCC for \$25. You must call MCC to SIGN UP AND PAY for CEUs. Call 254-299-8888.**

**Sponsors please call Jan Enders @ 254-292-1843**