



Spring 2020 Newsletter

A Message from Vicki de Klerk-Rubin

To all caregivers, please take care of yourselves. Remember, if you are not healthy, you can't take care of others. Remember to take time to center. Your observation and calibrating skills will help you. By taking the 30 seconds to ground yourself, you give yourself a gift. Please treat yourself with the kindness you give to others. VTI's [YouTube channel](#) has short videos to support you in centering, observing, and calibrating. They only take a few minutes and are good reminders for those who already use the validating attitude. Know that your hard work is appreciated during these difficult times.

2019 VTI Annual Report Now Available

We are proud to share our 2019 Annual Report and hope that you also take pride in what has been accomplished thanks to your help! Please share your feedback and write to us with your ideas. [Read the full report.](#)

Being In Contact by Friederike Reif

"In 2011, I moved from the parish office to a senior center as a pastor. I quickly realized, with the confused people I met, that I quickly reached limits in my conversations. Normal inspirational statements felt flat. My usual questions that had often been helpful, led to nothing." [Click here to read more.](#)

New Terminology Describes the 4 Phases

Over the years, the terms "malorientation" and "vegetative state", in particular, have given rise to real questions about the negative image they convey. In addition, the naming of phases with a word or two has sometimes led to "labels" and a rigid approach by those who use these names as "labels." This is contrary to the spirit and values of Validation as well as the reality of disoriented very old people. [Click here to read more.](#) To read the article in French, [click here.](#)

Be Curious, Not Judgmental

In this clinical scenario written by Naomi Feil, you will learn about the importance of being curious when using the Validation method. [Read more here.](#)

Naomi Feil Interview Part 3

In part 3 of the Naomi Feil interview series, she talks about her hopes for future Validation Workers and her "go to" Validation Technique. [Watch the Part 3 interview.](#)

Validation Practitioner Survey

VTI wants to gather more data from Validation teachers and Master teachers on how the Validation method is being used, taught and spread. This data will help us raise funds, generate interest from agencies and help us with marketing. These efforts will support the work you are doing by making Validation better known. Please take five minutes to fill out the survey today, it is available in [English](#), [French](#), [German](#) and [Italian](#).

AVO News

Country Meadows, the first US Authorized Validation Organization, pioneers again by creating a new Validation position, "Memory Care Outreach Specialist." [Click here to read more.](#)

Internet Supported Validation Worker Course

The VTI in cooperation with [Help My Senior](#) will be hosting the Internet Supported Validation Worker Course beginning July 10, 2020 and ending April 16, 2021. The course will be taught in English. There are early-bird discounts for those who register before May 1st. [Click here to read more information about the course.](#)

Calendar

Validation Talk and Techniques

Meeting Link: <https://zoom.us/j/708819389>

Time: 5pm PST/6pm MST/7pm CST/8pm EST **Dates:** March 26th, April 30th, May 28th and June 25th

[View AVO Course Schedule](#)

[View a List of VTI Online Courses](#)

Conferences

[Pioneer Network](#)

August 2020

Steve Klotz

Pittsburgh, PA

[NCCAP/NAAP](#)

April 2023

Heather Easterling

Reno, NV

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