



Validation

Heather McCool has been a Validation Teacher since 2015 and frequently can be found sharing her skills through the Institute's monthly "Talks and Techniques" group. She has been working with seniors her entire career, specifically in senior living. She enjoys providing support to those with cognitive decline, their families, and their professional caregivers especially as they learn to best communicate and understand each other.

Basic Validation Training

For people who want to better communicate with older adults living with dementia.