



Basic Validation Training

For people who want to better communicate with older adults living with dementia.



Dates & Times: Tuesdays

Feb 9, 16, 23 and March 2, 9

3pm – 7pm Eastern time

Cost

\$ 500

Language

English

Learn how to use empathy and Validation techniques to enter the world of the disoriented very old person.

Validation, developed by Naomi Feil in the 1970s, is the original, evidence-based method for communicating with older adults living with dementia. It is taught in 13 countries by over 400 certified teachers.

For more information: info@vfvalidation.org

Your Facilitator:

Heather McCool has been a Validation Teacher since 2015 and frequently can be found sharing her skills through the Institute's monthly "Talks and Techniques" group. She has been working with seniors her entire career, specifically in senior living. She enjoys providing support to those with cognitive decline, their families, and their professional caregivers especially as they learn to best communicate and understand each other.

Basic Validation training includes:

- ☐ 3 training sessions (four hours each)
- ☐ 2 supervision/coaching sessions (four hours each)

Participants Will:

- Learn specific Validation techniques to communicate
- Understand the various reasons for behavior of very old people living with dementia
- Experience the process of empathy and develop empathy with others
- Be able to connect with disoriented older adults easily and build positive relationships

The webinars are interactive and require participants to have hi-speed internet, a functioning camera, microphone and speakers. It will be held on Zoom video conferencing.

REGISTER TODAY!