

Basic Validation Training

For people who want to better communicate with older adults living with dementia.



Date & Time April 15, 22 and 28, May 6 and 13 11am – 3pm EST Cost \$ 500 Language English Learn how to use empathy and Validation techniques to enter the world of the disoriented very old person.

Validation, developed by Naomi Feil in the 1970s, is the original, evidence-based method for communicating with older adults living with dementia. It is taught in 13 countries by over 400 certified teachers.

For more information: info@vfvalidation.org

Your Facilitators:

Nancy Brown has been a Certified Validation Teacher since 2018. For over 16 years, she has served as group supervisor in a therapeutic Day Center for persons living with cognitive impairment. She is also a PhD candidate in Dementia studies at the University of Edinburgh.

Heather McCool has been a Validation Teacher since 2015. She has been working with seniors her entire career, specifically in senior living. She enjoys providing support to those with cognitive decline, their families, and their professional caregivers especially as they learn to best communicate and understand each other.

Basic Validation training includes:

- □ 3 training sessions (four hours each)
- □ 2 supervision/coaching sessions (four hours each)

Participants Will:

- Learn specific Validation techniques to communicate
- Understand the various reasons for behavior of very old people living with dementia
- Experience the process of empathy and develop empathy with others
- Be able to connect with disoriented older adults easily and build positive relationships

The webinars are interactive and require participants to have hispeed internet, a functioning camera, microphone and speakers. It will be held on Zoom video conferencing.

REGISTER TODAY!