

Validation



Krissy Wuerdeman, has been a Certified Validation Teacher since 2017 and is the founder and managing director of a social day program that specializes in adults living with memory loss.

She is also a Certified Dementia Practitioner (CDP) and holds multiple certifications in various holistic modalities such as, Healing Touch Practitioner, End of Life Doula and Reiki Master of Masters. She is a passionate advocate for the elderly and feels strongly that adult day programs serve an essential need for families who seek balance, support and quality of care for their loved ones. Krissy lives in New Hampshire and enjoys cooking with her family, listening to jazz and bird watching on her farm.