



April 2022 Newsletter

The Validation Method is Featured in a Medical Publication!

Executive Director, Vicki de Klerk and neurologist, Dr. Daniel C. Potts, co-authored an article in the March edition of Practical Neurology. In this article, the authors explain how the Validation method adds value to a physicians' practice. You can read the full piece [here!](#)

VTI Launches Digital Ad #2 to Bring New People Into the Validation Community

Building on the success of our first digital ad in January, VTI launched its second digital ad in April. Ad #2 showcases Validation's ability to connect with older adults on a deep, personal level. It also shows that Validation can be learned by anyone, not just experts! Take a look at the ad, click [here](#).

An App that saves memories and creates beautiful moments of connection

Almaya is a mobile app designed to maximize well-being through the use of technology. It was developed to help preserve some of our happiest moments for years to come.

"What is your favorite recipe" or "what is your earliest memory?" These prompts were designed by a team of psychologists and

philosophers, aiming to provide questions that are enjoyable and stimulating.

The app is fairly straightforward to use: a person can record audio or video of themselves answering one of the 400+ prompts that Almaya has to offer.

Read more about Almaya by clicking [here](#).

Want to join our research?

VTI prides itself on its excellent training and we want to prove it. Validation Skill Building: 6 online, "on-demand" training blocks that deliver basic Validation techniques that help you better communicate with aging parents and older adults living with Alzheimer's disease or a related dementia. Each building block uses video demonstrations, interactive exercises, and quizzes.

Each 30-minute Block has three lessons which you can complete at your own pace. The 6 Skill Building Blocks teach: Centering, Observe and Calibrate, Voice Tone, Eye Contact, Find a Respectful Distance and Ask, Don't Tell.

The research project asks participants to fill in a short pre-survey prior to beginning each Block and a short post-survey after completing each block. At the end, we will gather all participants in a 1-hour Zoom focus group to get feedback. Participants who complete all of it will be refunded the entire cost of the Skill Building Blocks.

Want to join this research project and gain some important Validation skills? Please contact Nancy@vfvalidation.org.

Connecting with Older Adults: Webinar on April 27th

In this 1-hour webinar, you will recognize problem situations you may be facing and discover concrete, proven ways to help. You will practice the most important skill and experience why diversion, lying and reality orientation often don't work. Vicki de Klerk-Rubin, VTI's Executive Director, will show you how it developed, explain what it is, and lead you through the most important skills.

Especially useful for people who are not familiar with Validation - so pass this on!

Sign up for this free 1-hour webinar [here](#).

Calendar

Validation Talk and Techniques Monthly
Meet-Up

[Learn more and register here](#)

Upcoming Dates: April 28

Validation Teacher Monthly Support Group

[Learn more and register here](#)

Upcoming Dates: May 2, June 6

[View AVO Course Schedule](#)

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