



February 2022 Newsletter

Validation First World Congress Was A Sweeping Success

Thank you to everyone who joined us on February 15th for the Validation First World Congress! We experienced incredible turnout, with over 1,000 total participants; over 700 people engaged in the three Sessions and over 400 who joined us for cocktails at the end. It was inspiring to hear from speakers who came from all over the world and from very different perspectives.

Participants learned about the history of the Validation method, inspiring stories and real-life results yielded by Validation, and hopes for future innovations related to Validation. Experts in the field, including VTI board member Rita Altman, Executive Director Vicki de Klerk Rubin, and VTI founder Naomi Feil, shared their perspectives and experiences. If you missed the event, feel free to view a recording by clicking this [link](#)!

We especially recommend watching Naomi's opening of Session 1 which you can also see [here](#).

Want to be a part of Validation research?

VTI prides itself on its excellent training and we want to prove it. Validation Skill Building: 6 online, "on-demand" training blocks that deliver basic Validation techniques that help you better

communicate with aging parents and older adults living with Alzheimer's disease or a related dementia. Each building block uses video demonstrations, interactive exercises, and quizzes.

Each 30-minute Block has three lessons which you can complete at your own pace. The 6 Skill Building Blocks teach: Centering, Observe and Calibrate, Voice Tone, Eye Contact, Find a Respectful Distance and Ask, Don't Tell.

The research project asks participants to fill in a short pre-survey prior to beginning each Block and a short post-survey after completing each block. At the end, we will gather all participants in a 1-hour Zoom focus group to get feedback. Participants who complete all of it will be refunded the entire cost of the Skill Building Blocks.

Want to join this research project and gain some important Validation skills? Please contact Nancy@vfvalidation.org.

VTI Launches Its First Ever Digital Video Ad

We know how much you all value the Validation method and have witnessed its results. We believe that everyone who wants to learn validation should have the necessary information and opportunities to do so.

In an effort to introduce new people to validation, we launched our first ever digital video ad in January! You can view the ad in its entirety by clicking this link. If you know of people who don't know about Validation but should – please feel free to send them this link, post it on your Facebook page or share however you feel comfortable.

Introducing Our New Deputy Director of Communications

"Hi! I'm Nancy Brown and thrilled to join the VTI team as the new Deputy Director of Communications. I look forward to connecting with our international Validation community and learning how we can better serve you and your needs. I'm also a Certified Validation Teacher applying Validation in my everyday work as Senior Group Coordinator at Melabev, a memory day center in Jerusalem, Israel for persons with all levels of cognitive impairment.

My experience with Validation also includes working with families, paid caregivers, health care professionals, student interns, and volunteers. Three years ago, I embarked on a journey of combining my 18 years of practice with research, and am currently a PhD candidate in dementia care at the University of Edinburgh. My husband and I live in Jerusalem with our five dogs."



Spots Available in Dutch/Flemish Level 1 Worker Course in Brussels

Rhapsodie (the Belgian Authorized Validation Organization) is hosting a Dutch/Flemish Level 1 course that starts on February 21.

In coordination with the working group Validation Vlaanderen/Nederland, this course will be led by Doris Van Averbeké, a very experienced Validation Teacher. For more information please contact [Doris](#).

Calendar

Validation Talk and Techniques Monthly Meet-Up

[Learn more and register here](#)

Upcoming Dates: February 24, March 31, and April 28

Validation Teacher Monthly Support Group

[Learn more and register here](#)

Upcoming Dates: March 7, April 4, May 2, June 6

[View AVO Course Schedule](#)

[Sign up for VTI Online Courses](#)

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