



*Validation Newsletter*  
Training Institute



August 2022 Newsletter



Pioneer Network

## **Pioneering a New Culture of Aging Conference**

### Naomi Feil: A Pioneer in Person-Centered Care

In this 60 minute presentation at the recent Pioneer Network Conference, Vicki de Klerk, Naomi Feil's daughter, talks about how Naomi developed the Validation method in the 1960's and 70s; the struggle to get professionals and family members to stop using reality orientation, diversion or lying and start treating disoriented older adults with respect, honor and empathy.

In the second section Vicki leads exercises with the group to build basic communication skills. The smashing finale is a taped interview with Naomi Feil as she talks about her hopes for the future.

[\[Watch more here\]](#)



## VTI Research Presented at Alzheimer's Association International Conference-2022

With the increased need for online learning due to COVID-19, VTI designed and implemented the Skill Building Blocks, an interactive thematic video-based instruction, to provide an interactive online learning environment to facilitate user-friendly self-study and real-time access to knowledge.

Nancy Brown presented the virtual poster: "Skill Building Blocks: Asynchronous Online Learning through Interactive Thematic Instruction". A special thank you to all the participants in the Skill Building Blocks research project. Their invaluable feedback will help us improve this unique training opportunity for all people interested in learning more about the Validation method.

Learn more about the Skill Building Blocks training:

<https://vfvalidation.org/educa...>



☐☐The fourth edition of the book “V/F VALIDATION® The Feil Method - How To Help Disoriented Old-Old” is now available in Swedish!

Thanks to Validation teacher Maria Hedman, Naomi’s work is now accessible to a Swedish-speaking audience:

“I became aware of the Validation method in the mid-1990s and became a certified Validationworker in 2003. I am a nurse in dementia care and this knowledge has been very important to me in my work. Even when I received my certificate, I thought that all dementia care in Sweden should be based on the Validation method. For that reason, I have always worked to spread knowledge about the method. This was also the reason why I wanted to become a teacher in the method. I became a teacher in 2016. This is also the reason why I chose to translate and publish the book about the Validation Method myself, when no book publisher in Sweden wanted to publish it. It has been a long process, but very educational and exciting.

So now the book is finally on sale in Sweden.”

<https://www.bokus.com/bok/9780...>

Link to Maria’s page:

<https://mariaskunskapskalla.ne...>



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## Naomi Feil's 90th Birthday Recap

On the 22nd of July, a special interview with Naomi premiered, followed by a Facebook live event to celebrate a mom, a pioneer, a wife, and the incredible woman who is the 'godmother' of person-centered care.

The event received 588 responses, and during the live event there was on average 80 people watching at a given moment!

To celebrate her amazing journey, we have created a special video tribute that you can watch [here](#)

For all those that attended and donated, your support means the world to us.



☐☐ Validation in Israel: an AVO's perspective

The JDC is the largest Jewish humanitarian organization in the world. Within Israel, the JDC has taken on the challenge of optimal aging in and is dedicated to improving the quality of life of the older adults in Israel physically, cognitively, and socially. This includes helping older adults to maintain their functioning, maximize their abilities, and enable them to age in the community, suppressing as much as possible the need for institutionalization.

To accomplish this, the JDC has adopted the Validation method and holds courses at a variety of levels - with over 80 students having participated in the courses.

Read the full article [here](#)



## NEW - Practical Validation Course

The Validation Method is now more accessible than ever - this is the perfect course to learn how to use empathy and Validation techniques to enter the world of the disoriented very old person.

There will be five interactive Zoom sessions, each 4-hours long, which will help you:

- Learn through practice, specific Validation techniques to communicate
- Understand the various reasons for 'behavioral expressions'
- Experience the process of empathy
- Connect quickly and easily to establish positive relationships

This training is delivered by a certified Validation Teacher with experience in online learning.

Contact [@jana@vvalidation.org](mailto:@jana@vvalidation.org) to register or ask questions!

Calendar

Validation Talk and Techniques Monthly  
Meet-Up

[Learn more and register here](#)

Upcoming Dates: August 28, September 15

Validation Teacher Monthly Support Group

[Learn more and register here](#)

Upcoming Dates: September 6, October 2

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