

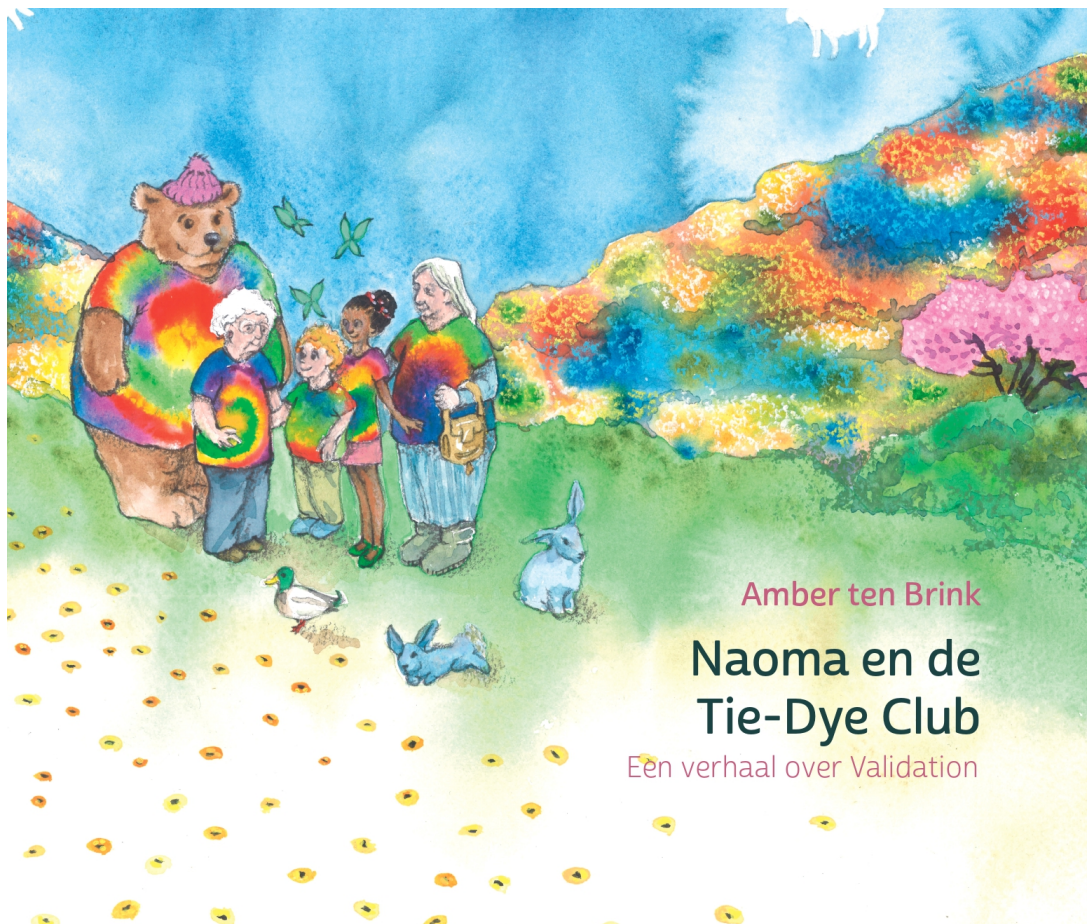


Validation Newsletter

Training Institute



February 2023 Newsletter



Amber ten Brink

Naoma en de Tie-Dye Club


Een verhaal over Validation

Happy News for our Dutch & Flemish Speakers ☐☐


VTI kondigt met trots de publicatie aan van een kinderboek gebaseerd op Validation principes en technieken.

Meer info

Help Manage Dementia Symptoms Naturally



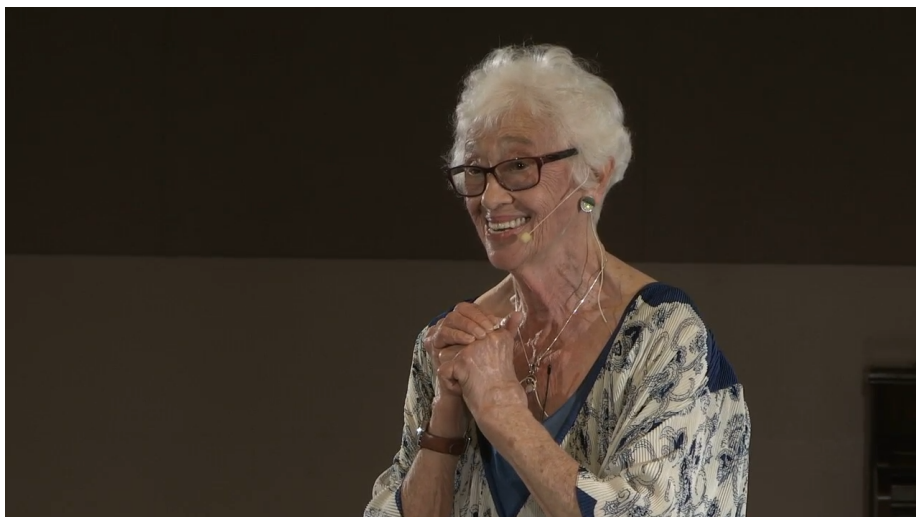
LEARN MORE



The Netflix of dementia care - Memory Lane TV

Like a growing number of families and care facilities, you may have heard about Memory Lane TV. This behavioral intervention has leveraged 50 years of research to deliver over 1,000 hours of content specifically adapted to people living with cognitive decline, dementia and memory loss. It is a unique streaming platform using multi-sensory tools (even aromatherapy) to increase well-being for both people living with dementia AND their caregivers.

To learn more and try Memory Lane TV for free today, [click here](#)



Jenny, her daughter Miriam and Reverend John: How Validation training can help by Naomi Feil

86-year-old Jenny Thomas, diagnosed with dementia three years ago, had been a faithful member of the Church since her mother dragged her to confession at age 22, unmarried, and pregnant. John Anderson, not yet ordained, a student at the Theological Seminary, was learning how to help those in need. "We must always be gentle as we guide those who sin, to see the error of their ways," his superior had advised him. Many years later, caring and compassionate, John prayed with Jenny, visiting her once a week.

Read more about Naomi Feil's captivating first hand account of how Validation helped a Reverend better help a daughter and her aging mother deal with the realities of aging.

[Read more here](#)



Validation
World Congress

REGISTER FOR FREE TODAY!

FEB 21, 2023 // SESSION 1: 12-1 PM EST

Supporting Older Adults Living with Cognitive Change to "Live Life to the Full"



Naomi Feil
Validation method founder



Myra Garcia
Alzheimer's Association National
Early-Stage Advisor



Moderator: Vicki de Klerk Rubin
Executive Director, Validation Training
Institute

ACTIVITIESSTRONG  **LINKEDSENIOR**  **Validation**

The Validation World Congress is TOMORROW
(Feb. 21)

Want to hear from Top Aging Professionals on cutting edge research, or from a 90 year old about living with cognitive change and how to live life to the fullest? If you haven't already registered it is not too late!

This online congress is FREE. [Register here](#)

This event will help care partners in every setting create a tool chest filled with ways of preventing withdrawal and develop strategies to also care for themselves to prevent burn-out.



The importance of empathy, self-empathy, and respect:
from Validation Teacher Silvia Grandi

(Original Italian [🇮🇹](#) and English [🇬🇧](#) Translation both available)

“My twenty-year working experience leads me to recognize the value in some techniques we can learn to practice “putting aside”, in some instances, whatever is crowding our thoughts. One example in the Validation method is *Centering*, the first and fundamental skill. It means being able to open a respectful listening space for the other person to share their emotions without overwhelming us and it is, most of all, an act of will.”

“È fondamentale che ci abituiamo e ci formiamo a riconoscere l'importanza di andare a riprendere ciò che abbiamo messo da parte, per prendercene cura (in vari modi e in contesti opportuni).”

Read more about Validation Teacher Silvia Grandi's thoughts on empathy and respect [here](#)

[🇮🇹 Leggi qui la versione italiana](#)

Meeting Times:

- the 3rd and 4th Thursdays of each month
- 9am PST/10am MST/11am CST/12pm EST **Feb 16, March 16, April 20, May 18, June 15, July 20, 2023**
- *4pm PST/5pm MST/6pm CST/7pm EST **Feb 23, March 23, April 27, May 25, June 22, July 27, 2023**
- Each meeting is scheduled for 1 hour
- *new times

REGISTER TODAY

Validation Teachers and Presenters are partnering with VTI to offer a monthly support group for people just starting to practice Validation.

Your Moderators & Coaches

Our teachers and presenters have been studying and practicing Validation for at least three years. They maintain their credentials with continuing education and supervision. These experienced Validators bring their knowledge and skills to your issues.

They are volunteering their time and these sessions are free of charge.

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