



April 2023 Newsletter



"How I Started Validation" by Naomi Feil

In 1956, I was 24 years old, graduated, Cum Laude, specializing in "Psychiatric Group Work" from Columbia University, in New York City. After a stint as a social worker at Bird S. Kohler Hospital, I began The Group Work Department at Montefiore Home for The Aged, in Cleveland, Ohio. It was there that I met Albert

Trossler, age 78, Isadore Rose, age 73, Izabel Gogolick ,age 65, Florence Lew, age 67, Mathilde Arvey, aged 91, and Martha Freyman, 91. All were diagnosed, "Senile Psychotic." Using the Social Group Work skills that I had learned, I formed, "The Tuesday Group."

[Read the rest of Naomi's article here](#)



Validation
Training Institute

in cooperation with



MERIDIAN
SENIOR LIVING

Internet-Supported Validation Worker course



New AVO and Partnership announcement: Meridian Senior Living

"It gives me great pleasure to announce that after many years of using Validation in our communities we are now an official Accredited Validation Organization with all of the right and privileges Thereof. We join a worldwide organization who has been at the forefront of bettering the lives of people with Cognitive Impairments through the use of Validation Techniques and education. Although there are many other proven methods Validation has been around the longest and has influenced more people worldwide. For me this is the culmination of a goal I set ten years ago to become Accredited.

What this means to you. We already incorporate Validation into our MMIT training so our day to day life does not change but as stated above we can now announce to our communities that our training platform is Accredited. It also affords us training paths for those who wish to become certified and opportunities to train not only our staff but offer the trainings to the community at large using Certified Validation Trainers.

Over the years we have seen the Validation techniques create incredible experiences for the residents, families and caregivers."

-Kevin Carlin, Principal, Meridian Senior Living

"With use of validation we are able to create more moments of

understanding for our staff to be able to create priceless moments of peace and safety for our residents. Our partnership with VTI is one of our most important as it gives value to our residents, families and staff."

Sue Johnston, Meridian Senior Living

VTI and Meridian are excited to share with you our new Internet Supported Workers Class! The course offers flexible, internet-supported learning with concentrated in-person components, making it easy to integrate into busy schedules while maintaining high-quality standards.

Created for professionals, para-professionals, and caregivers, this Validation training combines theory, techniques, and hands-on practice to give you an effective, evidence-based communication tool for everyday caregiving.

Download our brochure to learn more.

[Brochure for Administrators](#)

[Brochure for Care Partners](#)

Alternatively, check out the course page [here](#)



New AVO in Southern Germany:AVA Demenz gGmbH
(Academy for Validation and Dementia)

Since March 1, there is a new Authorized Validation Organization (AVO) in Neuffen, about 40 km from Stuttgart: AVA Demenz gGmbH. Stephani Maser (occupational therapist, supervisor and Validation Teacher) founded the company at the beginning of the year and leads AVA Demenz as Managing Director.

[Read more here](#) (English).

[Lesen Sie hier die deutsche Version](#) (Deutsch).



☐☐ The Validation Method makes waves in Japan

Koichiro Shogaki, Validation teacher from Japan presented Validation to the Showa University's Certified Nurse Education Center, Shinagawa Ward, Toyko. The 45 participants included certified dementia nurses, and nurses from the renal failure department.

Participants who volunteered during the presentation demonstrated how they normally interact with people with dementia. The role-playing, integrating Validation techniques, enabled them to understand the feelings of the older person living with dementia.

[Read more here](#) (Japanese also available).



Validation

Discover how Validation Certification for Institutions has transformed 12 long-term care homes and a hospital in Germany, Switzerland, Austria, and France. Developed by a team of experts, this certification program assesses nine areas, including philosophy of care, physical environment, and safety and control issues. Find out how these certified institutions have integrated the Validation method deep into their roots and created environments where residents and staff feel connected, respected, and heard. Download the criteria and do a self-evaluation to see if your organization can become Validation Quality Certified too.

[Learn more here.](#)



VTI is proud to announce a new partner: accessiBe.

Many people have special needs to make their web viewing easier. With the help of accessiBe, we now have the tools to make our website easier for all persons who need assistance. VTI is pleased to announce our partnership with accessiBe, a company devoted to educating the world about the importance of inclusivity and web accessibility. Visitors to our site can customize their experience by clicking the blue person icon at the bottom of our home page. This feature is made possible through accessiBe's Nonprofit Partnership Program that provides it free to non-profits that serve people with disabilities. Check out their work at accessiBe.com.

APRIL 10-24

2 WEEKS!

GIVE IN HONOR OF...

VTI SPRING FUNDRAISER

**HONOR THE PEOPLE YOU CARE
ABOUT AND SHOW
APPRECIATION**

In case you missed it: VTI's Spring Fundraiser (1 week left!)

Last week the Validation Training Institute's first ever *Spring Fundraiser* began on April 10th. The theme of this fundraiser is "Give in honor of..." and we encourage you to consider making a donation in honor of someone who has made a difference in your life. For example, you could "Give in honor of the caregiver in your life" or "Give in honor of your grandmother." It's a meaningful way to show your appreciation while also supporting the Validation Training Institute's mission to improve the lives of older adults through compassionate communication.

The Spring Fundraiser is a crucial event for the Validation Training Institute, as it helps raise the necessary funds to continue our important work.

[DONATE HERE](#)

Upcoming AVO meetings:

April 24, May 20, June 26, July 29 and Aug 28

Teacher meetings:

May 8, Mondays at 10am Pacific, 1pm Eastern, 7pm CET, 8pm Israel. (English speaking).

June 6 Tuesdays at 9am Pacific, noon Eastern, 6pm CET, 7pm Israel, (English speaking).

July 2 Sundays at 10am CET, 11am Israel, 4pm China, 5pm Japan, (English speaking).

Aug 7 Mondays at 10am Pacific, 1pm Eastern, 7pm CET, 8pm Israel, (English speaking).

Email jana@vfvalidation.org to register

German and French Teacher meetings:

May 9, Aug 8 Teacher Meetings on Tuesdays at 6:00pm CET (German Speaking),

May 23, Aug 22nd Teacher Meetings on Tuesdays at 7:00pm CET (French Speaking)

Email jana@vfvalidation.org to register

Talk & Techniques Schedule

4/20/2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT	
4/27/2023	4pm PST/5pm MST/6pm CST/7pm EST	Drawbacks of Reality Orientation, Redirection, and Fictions, and their Validating Alternatives
5/18/2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT	
5/25/2023	4pm PST/5pm MST/6pm CST/7pm EST	Using preferred senses to connect with your loved one
6/15/2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT	
6/22/2023	4pm PST/5pm MST/6pm CST/7pm EST	Caregiver grief and support
7/20/2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT	
7/27/2023	4pm PST/5pm MST/6pm CST/7pm EST	How to Embody the Validating Attitude More Frequently and Fully

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