



June 2023 Newsletter





Harvey Sterns

"Four Decades of Involvement with Validation"

VTI Board Spotlight: Harvey Sterns

Harvey Sterns serves as Chair of the Research Committee and Member of the Executive Committee. He is a licensed psychologist in Ohio and is a Fellow of the Gerontological Society of America, the American Psychological Association, American Psychological Society, Association for Gerontology in Higher Education, and the Ohio Academy of Science.

"My involvement with Validation goes back to the late 1970's and early 1980's. As a life-span developmental psychologist, I was interested in intervention approaches in working with older adults. With funding from the Administration on Aging, The University of Akron received funding to begin an undergraduate and graduate certificate programs in life-span development: adult development and aging later to be changed to certificate in gerontology."

Read more about Harvey's four decades of involvement with Validation here



☐☐ Validation and Reflexology in Canada

Oran Aviv, a Certified Validation Teacher in Israel and the creator of *Hands-on Dementia*, spoke at the RAC International Reflexology Conference in Ottawa, Canada in May where she was invited to share my insights on working with individuals living with cognitive impairment.

"The momentum is building, and my hope is that reflexology therapists will bring a meaningful difference in the lives of many living with cognitive decline. While we typically focus on offering Validation to professionals, caregivers, and family members, it is worth considering the potential of supporting Reflexology Therapists, and others in the field of complementary medicine. By doing so we can pave the way for improved well-being for those affected by cognitive changes."

Read more here



NCCAP and VTI: Partners in Memory Care

In 2020, NCCAP (National Certification Council of Activity Professionals) and VTI co-developed a unique, specialized curriculum for Activity Professionals that teaches participants to integrate the Validation Attitude into their resident activities. This training has successfully trained dozens of activity professionals and memory care staff during the 11 week course that includes interactive webinars, online videos, and exercises to anchor the learning.

Peter Illig, Chief Executive Office and General Counsel of NCAAP, talks about NCCAP and their partnership with VTI.



Join us July 23-26 in Pittsburgh for the **Ready to Impact** Conference!

The Center for Innovation is proud to work alongside the Validation Training Institute

The Center for Innovation is proud to work alongside the Validation Training Institute to achieve our mutual goal of creating empowering, supporting, and

engaging environments for older adults of all physical and cognitive abilities.

CFI was formed in 2022 through the alliance of two non-profit organizations with intertwined histories and decades of experience in reimagining eldercare settings: The Green House Project and Pioneer Network.

Come join us both at CFI's 2023 Ready to Impact Conference, coming to Pittsburgh from July 23-26. Enjoy four days of vital education on the latest research and practice in the field of empowered care for people living with dementia, including a session with VTI's Naomi Feil and Vicki de Klerk-Rubin, as well as thought-provoking networking opportunities and speakers. The program includes a performance of "A Box of Memories," a powerful musical about a family coming to terms with a mother's dementia diagnosis originally performed in Australia. We hope to see you there!

Registration information: https://thegreenhouseproject.org/2023-conference/

Read the full article here



Registration is now OPEN for Dublin course

Attention Ireland and UK-based caregivers! VTI is beyond excited to announce that our renowned Internet Supported Workers Course is coming to Dublin!

Validation training uses work-floor practice to integrate real skills that you can use to handle challenging situations in a person-centered way while becoming a role-model for other staff

The best part? Not only will you help your co-workers and residents communicate better, your organization will be a role model for person centered care, and staff will compete to go on the course. This is a golden opportunity to train with that time honored Validation method, as developed by Naomi Feil 40 years ago.

Click the link below to reserve your spot today!

Alternatively, email jana@vfvalidation.org to learn more.





■ News from our Italian AVO!

May 26: "Today we brought to the annual important national conference of SIPI (Società Italiana Psicologia dell'Invecchiamento), our contribution about the importance of Validation attitude."

"Moreover, today arrived the official communication of the acceptance of the abstract that we proposed at the 2023 Alzheimer Europe Conference some time ago (Giving value to the identity of people with Dementia in Validation® group sessions). We are bringing our work in october!"

Upcoming AVO meetings:

June 26, July 29 and Aug 28

Teacher meetings:

July 2 Sunday at 10am CET, 11am Israel, 4pm China, 5pm Japan, (English speaking).

Aug 7 Monday at 10am Pacific, 1pm Eastern, 7pm CET, 8pm Israel, (English speaking).

Aug 8 Tuesday at 6pm CET (German)

Aug 27 Tuesday at 7pm CET (French)

Email jana@vfvalidation.org to register

Talk & Techniques Schedule

June 22	12pm EST	Leader : Krissy Wuerdeman. Topic : Caregiver grief and support
July 20	12pm EST	Leader: Nancy Brown
July 27	7pm EST	Leader : Eric Portnoff. Topic : How to Embody the Validating Attitude More Frequently and Fully
Aug 17	12pm EST	Leader: Nancy Brown
Aug 24	7pm EST	Leader: Doug Fouche
6/22/2023	4pm PST/5pm MST/6pm CST/7pm EST	Caregiver grief and support
7/20/2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT	
7/27/2023	4pm PST/5pm MST/6pm CST/7pm EST	How to Embody the Validating Attitude More Frequently and Fully

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