Validation Newsletter
Training Institute

August 2023 Newsletter

Validation Board Spotlight

Charles De Vilmorin

"Validation makes us better humans"

VTI Board Spotlight: Charles De Vilmorin

Charles de Vilmorin is the CEO and Co-founder of Linked Senior, Inc, the leading resident engagement platform for senior care based in Washington, DC. He holds a Master's Degree in Communication, Culture and Technology from Georgetown University, and a Master's Degree in International Management from Dauphine University, Paris.

"I was lucky enough to be trained in the Validation Method as a Validation Worker Level 1 with the newly developed course in 2014. I also had the unique experience of seeing Naomi Feil and her daughter Vicki de Klerk Rubin at the recent 2023 CFI conference. During this session, there were signs of different emotions including laughter, surprise and even tears. In the end, most of us learned and actually became better humans thanks to Validation."

Read more about Charles' perspective on why "Validation makes us better humans" here: Validation Makes Us Better Humans

🎉Casa San Giorgio di Brissago in Switzerland has once again received their Certificate of Quality!

VTI is very proud to announce that Casa San Giorgio di Brissago in Switzerland has once again received their Certificate of Quality. The results of the evaluation demonstrated a high level of quality in the following areas:

- Philosophy of Care

- Physical environment

- Documentation/ coordination of care

- Caregiver skills and staffing

- Resident dignity

- Activities offered

- Dining program

- Engagement of family and friends

- Safety and control issues

The staff and administration are to be congratulated on achieving such an exceptional level of care for the older adults who live there. They were first certified in 2018 and now 5 years later, re-certified. The excellence continues!

For more information about the Validation Quality Certification for institutions, see our website.

JOIN US FOR THE 2ND ANNUAL

DECODING DEMENTIA GATHERING

REGISTER TODAY!

ACTIVITIESSTRONG   best friends™   Center for Applied Research in Dementia

LINKEDSENIOR   Validation

Decoding Dementia: Join Us For The 2nd Annual Gathering

Save the date! We are hosting the 2nd Annual Decoding Dementia Gathering on September 5th.

Montessori Inspired Lifestyle, the Validation method and Best Friends Approach are all 'person-directed' mindsets, strategies, or tools. Dr. Cameron Camp, Vicki de Klerk-Rubin and David Troxel will share the principles of their methods, how to apply them to contemporary dementia care, and share how they can complement one another to enhance the lives of persons living with dementia and their care partners.

Following this, an expert panel will discuss the meaning and importance of choosing an 'evidence-based' approach for in-service training. Participants will become equipped to talk to executives about their recommendations for training. Finally, participants will practice six specific skills that they can use immediately in their daily work.

Register here: https://activitiesstrong.com/the-decoding-dementia-gathering-2023/

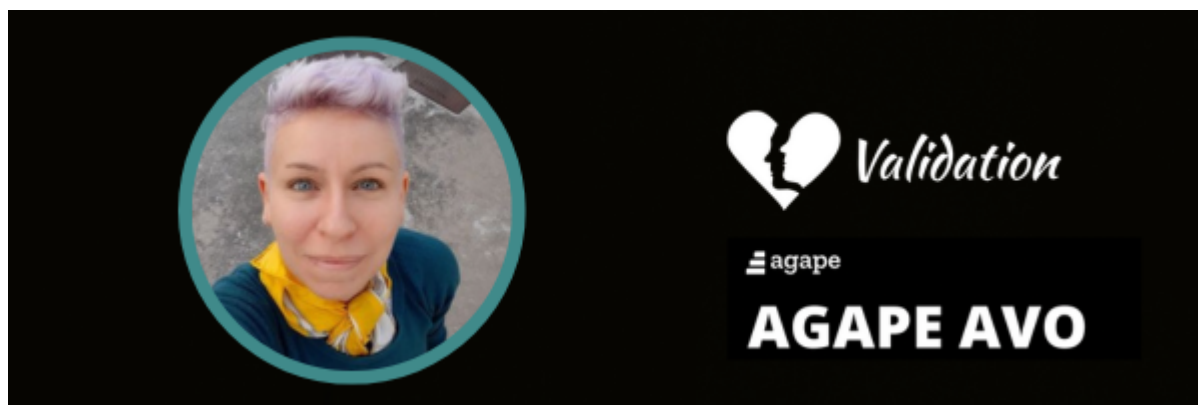## AVO Spotlight: VTI Community and congratulates Hildegard Nahum on her Retirement

Celebrate Hildegard's impactful journey with Validation as she retires after 11 years of dedication. This article unveils Hildegard's pivotal moment that led her to embrace Validation, highlighted by her touching encounter with an old woman yearning for connection. Through her inspiring work, Hildegard's legacy is one of spreading compassion and understanding among caregivers and those experiencing dementia, shaping the future of elder care. Dive into her story and the evolution of Validation, and learn how her successor, Gudrun

Grünberger, will carry the torch forward in the mission to empower and enrich the lives of older adults. . Click the link for the full article and discover the heartwarming journey of Hildegard and the vision for the future of elder care with the AVO-Samariterbund in Linz.

Read the full tribute below:

Tribute to Hildegard in English

Tribute to Hildegard in German

Validation Teacher Spotlight: Silvia Pellegrini

Discover how the Validation method offers a transformative approach to addressing elderly depression and enhancing well-being. In this engaging article, Validation teacher Silvia Pellegrini shares poignant stories of her interactions with individuals like Ms. Maria, revealing how Validation sessions have granted a powerful outlet for unexpressed emotions and led to profound changes in depressive symptoms. This method's authentic empathy and enduring attitude not only prevent caregiver burnout but also offer a ray of hope in countering depression, prompting you to delve deeper into its impact and applications. Click the link to explore the full article and unlock the potential of Validation in enriching lives.

Read in English: Validation: A Sharing Path In Development

Read in Italian: Validation: Un Percorso Di Condivisione, In Evoluzione

Talk & Techniques Schedule

24-Aug-2023	4pm PST/5pm MST/6pm CST/7pm EST
21-Sep-2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT
28-Sep-2023	4pm PST/5pm MST/6pm CST/7pm EST
19-Oct-2023	*9am PST/10am MST/11am CST/12pm EST/5pm CET/7pm IDT
26-Oct-2023	4pm PST/5pm MST/6pm CST/7pm EST

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Share **life lessons**
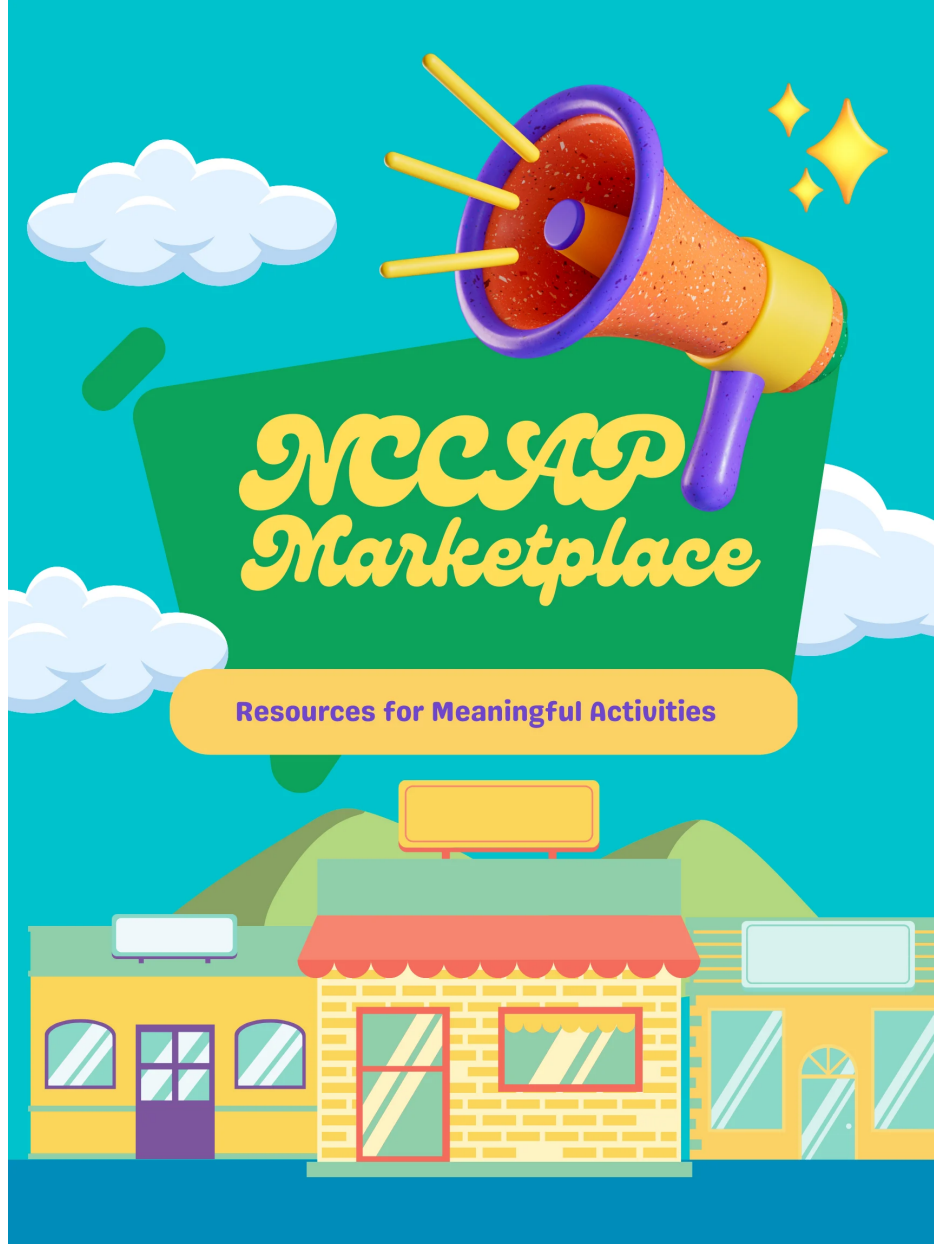## with your Loved Ones

App Store   Google Play

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Partner Spotlight - Almaya

Unveil the future of caregiving with Almaya, an innovative app that preserves memories and personal stories through a digital time capsule. In partnership with VTI, Almaya empowers caregivers by providing a platform to share anecdotes, advice, and opinions, fostering understanding and validation for those under their care.

Mark your calendar for Monday, 2 October, 6:00 pm CET (12:00 pm ET), to join the transformative journey during the Almaya and VTI webinar, and secure your spot to explore the profound impact of memory preservation at webinars.almayalife.com/vti.

Register here for the webinar

Read the full article here

Did you know that NCCAP and VTI has partnered to offer Memory Care: Validation for Activity Professionals

In case you missed it! Join us for NCCAP and VTI's: Memory Care: Validation for Activity Professionals. Register today! The classroom platform opens on September 25: 1st interactive webinar will be October 10, 12:00 - 1:00 PM ET. Reserve your place now and bring along a colleague to share this opportunity. CEU credits available.

This interactive course is delivered over 11 weeks with 6 live webinars, course work and practice. Classes are led by certified Validation and NCCAP instructors Nancy Brown, CVT & Brenda Deckman, CVW. You will learn how to incorporate the Validation attitude and techniques into your activities and interactions with those living with dementia.

Click on the link below to sign up!

https://www.nccap.org/validati...

Naomi and Vicki presented on July 25th at the Center for Innovation Conference in Pittsburgh

Embark on a journey of compassionate caregiving with insights from the recent Center for Innovation conference in Pittsburgh. Vicki de Klerk-Rubin shares highlights from the event, featuring Dr. Stephan Trzeciak's enlightening keynote on the transformative power of compassion in healthcare. Discover how empathy + action lead to better health outcomes, forge stronger care relationships, combat burnout, and create safer environments for older adults.

Dive into the groundbreaking research that redefines the impact of compassion and unveils its positive effects on both caregivers and patients.

Click the link to read the full article and explore the scientific evidence behind how caring truly makes a difference.

Report from Pittsburgh by Vicki de Klerk-Rubin

Upcoming AVO meetings:

Aug 28

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