



## Validation Newsletter

Training Institute



### October 2024 Newsletter



#### Growing Bolder or Learning How to Risk

Taking bold steps in life is essential for growth, from childhood through old age. In this thought-provoking piece, Vicki de Klerk-Rubin draws on Erik Erikson's developmental stages to highlight how learning to take risks early in life empowers us to face challenges, embrace new experiences, and build resilience.

The article dives into how the act of risk-taking shapes every stage of life—whether it's daring to try new things as a child, navigating relationships as a young adult, or adapting to the changes of aging. For those who didn't learn to take risks early on, the good news is that it's never too late to start.

Curious about how you can start bold living now, no matter your age? [Read the full article to explore practical steps to becoming more daring and resilient](#)



## We want to hear from YOU! Naomi's legacy, and the upcoming Fall Fundraiser

As we gear up for this year's fall fundraiser in November, we're planning something truly special! VTI continues to grow beyond Naomi Feil, expanding her incredible legacy. To celebrate this journey, we want to showcase the love and dedication that fuels our mission.

We're calling on YOU—our supporters and friends—to submit videos or testimonials sharing how Validation has touched your life or your community. Let's come together to honor Naomi and show the world why Validation matters.

Help us continue this vital work—submit your story today!

Email submissions to [jana@vfvalidation.org](mailto:jana@vfvalidation.org)



# KYN

 **Validation**





# Partner Feature: NAPA, KYN, and VTI Partner to Innovate Dementia Care

In an exciting new collaboration, the National Activity Providers Association (NAPA), KYN, and the VTI are joining forces to enhance dementia care in the UK. This groundbreaking partnership focuses on integrating VTI's Validation techniques into the care provided at KYN Bickley, a London-based care home, to improve resident well-being.

Through specialized training and the use of Dementia Care Mapping, the team aims to better understand and meet the emotional needs of residents while boosting staff confidence in managing distress. With these innovative, evidence-based approaches, KYN and NAPA are setting new standards in person-centered care.

Want to learn how this collaboration is transforming dementia care? [Read on to discover more about their innovative approach and the anticipated benefits for residents and staff alike!](#)



**Validation**  
Training Institute

in cooperation with



**MERIDIAN**  
SENIOR LIVING

## Internet-Supported Validation Worker course



### Outcomes:

- ♥ Increases staff satisfaction which reduces turnover.
- ♥ Helps meet and exceed person-centered compliance requirements.
- ♥ Residents experience more quality of life.
- ♥ Attracts new residents and keeps them longer.

### Who Benefits from this training

- ♥ Caregivers of older adults living with Alzheimer's disease and other dementias
- ♥ MDs, DOs, RNs, LPNs, CNAs
- ♥ Therapists, Social Workers
- ♥ Chefs, housekeeping staff, maintenance staff, in-home caregivers

If you've been waiting for the full certification course to elevate your facility and enhance care, this is it!

Calling all Senior Living Administrators & Caregivers!

- Reduce staff turnover with person-centered strategies
- Improve resident wellbeing and quality of life
- Attract new residents and keep them longer

This Internet-Supported Workers Course in Validation builds your competencies and brings proven benefits to your team and residents alike.

☐ Starts January 1, 2025

☐ In-person at The Meridian, Boca Raton, FL + online webinars

Limited spots available – don't wait! Sign up now and transform your care!

☐ [Register Here](#)



## Meridian Senior Living's Creative Approach to Fundraising: Wreath for a Cause & The Art Auction – Supporting VTI's Mission!

Sue Johnston, VP Program Development Meridian Senior Living:

"I am proud to share with you one of Meridian Senior Living's plan to raise funds as well as awareness of Naomi's groundbreaking grassroots work in improving the lives of the memory impaired and their caregivers.

Annually Meridian communities host during Active Aging Week their fundraiser. This year we are hosting either Wreath for a Cause or The Art Auction (Community choice)

Wreath for a Cause involves the local community as well as residents, staff and families – select businesses are given a wreath to decorate and it will be judged – prizes awarded on the evening of judging the silent auction for the wreaths begin! Each property has a QR code going directly to a GoFundMe account on the silent auction sheet – The participating businesses are also marketing our event so we are expecting great turn outs!

Art Auction – for months our residents, staff, families and friends have been creating art for the auction – any median. Items will be auctioned off at an artist reception with silent auctions- this has been very successful and a few of our buildings have opted to continue with the auction – frequently a large screen TV is playing education about VTI in the background.

All proceeds go to VTI and will be collected up until December 1st as we utilize Giving Tuesday.

I am happy to be available to support anyone wanting to do a fundraiser!"

## RESULTS PROVEN THROUGH RESEARCH:

Validation learners feel more competent, know specific ways of handling challenging situations, and find more enjoyment in connecting and communicating with older adults.



## WHAT MAKES VALIDATION TRAINING DIFFERENT FROM OTHER TRAINING

- Validation Training goes beyond theory—it's skills-based, giving you practical tools to better connect and communicate with older adults living with cognitive changes.

## AT A GLANCE

### COURSES:

#### **Beginning Validation Tutorial:**

Learn the core principles and practices of Validation.

#### **Validation Skill Building Blocks:**

Learn skills

Discover How Validation Training Stands Out:  
Download Our New Overview Flier Now!

At our last AVO meeting, it was suggested that VTI create a flier that clearly and simply lists how Validation training is different from other training. Check out this handy document that provides a wonderful overview . [Click here to download it!](#)



## Grow Bolder — 2024 Center for Innovation Conference

Tuesday Nov 12, 2024 / 10:15AM - 11:30AM



Vicki de Klerk-  
Rubin

*"A1: Dare to 'Cross  
the Street' and Use  
Empathy"*

Powered by Whova

Grow Bolder — 2024 Center for Innovation  
Conference

Grow with us in Grand Rapids! The Green House Project and Pioneer Network communities will once again come together for the annual Center for Innovation conference, coming to Grand Rapids, Mich. November 11-13, 2024!

For three days, forward-thinking leaders, academics, advocates, caregivers, and elders will gather together for education and inspiration — all under the conference theme of Grow Bolder.

Register here: <https://thegreenhouseproject.o...>

## Attention all teachers, presenters, and masters - October 29

We are excited to invite you to an exclusive webinar designed specifically for our Level 3 and 4 certified presenters and teachers. This is a unique opportunity to have your questions answered by Validation Masters, gain deeper insights into the Validation method, and enhance your teaching and presenting skills.

Webinar Details:

- Date: October 29th
- Format: Four-panel sessions in different languages
- Continuing Education Credits: Earn credits towards your certification
- Registration information for Levels 3 and 4 Validation Presenters and Teachers, contact Jana: <https://us02web.zoom.us/webina...>

Webinar Schedule:

Pacific Time	Eastern Time	Central Europe Time	Language	Panelists (tentative)
9:00am-9:30am	12:00pm-12:30pm	18:00-18:30	English	Rita Altman & Vicki de Klerk
9:30am-10:00am	12:30pm-1:00pm	18:30-19:00	German	Violeta Koppensteiner & Petra Fercher
10:00am-10:30am	1:00pm-1:30pm	19:00-19:30	French	Kathia Munsch & Marie-Claire Giard
10:30am-11:00am	1:30pm-2:00pm	19:30-20:00	Italian	Francesco Mosetti & Miriam Tonetto

Action Required: Please register [here](#). !



# Free Support Groups

NOV 21

## VALIDATION TALK & TECHNIQUES

5:00PM U.S. Mountain Time

6:00PM U.S. Central Time

7:00PM U.S. Eastern Time

NOV 21

## VALIDATION TALK & TECHNIQUES

### Time

19:00 Eastern European Time

17:00 Greenwich Mean Time

12:00PM U.S. Eastern Time

NOV 11

## ENGLISH TEACHER MEETING

10am Pacific,

1pm Eastern,

7pm CET,

8pm Israel

NOV 26

## FRENCH TEACHER MEETING

7:00pm - 8:00pm CET



Validation

## Upcoming Conferences



VTI is proud to be accepted to the following conferences

Center for Innovation

Date: 11-13 November

Location: Grand Rapids, MI

Type: In-Person

International Conference on Active Aging

Date: 19-21 November

Location: Raleigh, NC

Type: In-Person

Gerontological Society of America

Date: 13-16 November

Location: Seattle, WA

Type: In-Person

Stay tuned for more conference action in autumn!

## Make a Connection!

 [Visit us on Facebook](#)

 [Follow us on Twitter](#)

 [Connect with us on LinkedIn](#)

 [Visit our Website](#)

 [Read our Blog](#)

 [Support VTI on Amazon Smile](#)



## Validation Training Institute

P.O. Box 871, Pleasant Hill  
OR 97455 United States

You received this email because you signed  
up on our website or made a purchase from  
us.

[Unsubscribe](#)

