

# Validation Training for Medical Professionals



#### Why you should take this course:

- Reach better patient outcomes
- Practice concrete tools that enhance communication with older adults living with cognitive decline
- Feel more connection with the patient
- Have concrete tools that help communication
- Work more effectively with this population
- Gain more satisfaction

### What you will learn:

- Gain deeper understanding into the world of the disoriented older adult
- Recognize meaning behind the behavior
- Empathize with their emotions
- Practice verbal and non-verbal techniques that improve communication
- Build competence in managing angry or silent patients.
- Optimize communication and interactions using key Validation principles

5 Lessons: all online

- Each lesson should take a little more than 1 hour every week
- Videos, quizzes and case studies are used asynchronously
- Each Lesson ends with a 30-60 minute zoom webinar led by a certified Validation Teacher. See the dates on the following page.

Approved for 7.50 AAFP Prescribed CME credits.

Starts April 2025 Registration fee \$200

### **Register here**



# Validation for Medical Professionals Webinar Calendar 2024

All Webinars will be held on Zoom at 9am Pacific time, noon Eastern time, 6pm European Time Lesson 1, 2, 3 and 4 will last 30 minutes to 1 hour. You can leave after 30 minutes, and the teacher will be available to continue for those who wish to stay. Lesson 5 will be 1 hour.

Your Validation Teacher

Webinars are scheduled on Wednesday and Saturday Pick one webinar or join both if you have the time.

Lesson 1 Webinars: April 9 and 12

Lesson 2 Webinars: April 16 and 19

Lesson 3 Webinars: April 23 and 26

Lesson 4 Webinars: April 30 and May 3

Lesson 5 Webinars: May 7 and 10



Krissy Wuerdeman is the Founder and Managing Director of That Place You Know, a social adult day program that specializes in a holistic approach to memory care. She is a Certified Validation Teacher, Dementia Practitioner, and Montessori Dementia Care Professional. "Every person has a unique story to tell that leads them back to a place of unconditional acceptance without fear."