



June 2025 Newsletter

Summer brings reflection—and with it, the reminder that compassion grows when we honor both the losses and the gifts that time brings.

This month's newsletter carries stories of remembrance and renewal: from honoring Yael Ben Movachar's profound legacy in Israel to celebrating SERVIOR's remarkable commitment to dignified care in Luxembourg. You'll also discover flexible new pathways for Validation learning and read about a meaningful partnership that's expanding our reach in long-term care communities.



FAQ: "But I Don't Have Time!" — Making Validation Training Work for You

By Vicki de Klerk-Rubin

Time is an issue!

That's what I hear from many people when asked about Validation training.

I get it. Caregivers, formal or informal, are often pressed for time and think that Validation training takes too long. What is true about that is that our Internet Supported Worker Course is 40 weeks long and requires 26 weeks of documented practice. That is a huge time commitment. For a long time, the Level 1 Worker course was all that we offered as a basic certification training. But times have changed and we have heard the call for shorter, less expensive training. Not everyone needs to be a certified Validation Worker, Group Leader, Presenter or Teacher.

Many of you just need the basics – the validating attitude, the person-centered approach and a handful of useful techniques to engage with more joy.

We heard you and went to work to create a smorgasbord of learning opportunities.

Beginning Validation: All online, at your own pace – information based. 2 hours, \$25

Skill Building Blocks: All online, at your own pace – develop skills. 6 hours, \$135

Memory Care for Activity Professionals: All online, includes interactive webinars with a Validation teacher – information and skills-based. Combines Validation with engagement. 15 hours, \$200

Family Caregiver Course: Online + interactive elements with a Validation teacher coaching - focused on the needs of families. 18 hours +, \$ 200

Validation for Medical Professionals: Online + interactive elements with a Validation teacher coaching – focused on the needs of medical professionals. 10 hours, \$ 200

Practical Validation: Interactive webinars and coaching with a Validation teacher – focused on the needs of anyone interacting with disoriented older adults. 20 hours, \$ 500

We started by asking different people – what do you need from communication training? How much time can you give to the training? We started with your needs and from those, developed the learning goals. From the learning goals, the curriculum flowed.

If you are interested in learning more about our offerings, click here



AVO Spotlight: SERVIOR — New AVO in Luxembourg

We're excited to welcome SERVIOR as Luxembourg's newest Authorized Validation Organization! This remarkable organization operates 15 senior living communities and has transformed mealtimes into an art form—complete with sharply dressed *maîtres d'* who know every resident's preferences.

But SERVIOR's commitment goes far beyond elegant dining. They've embraced Validation whole-heartedly, training everyone from IT support to direct care staff. Starting with Level 1 workers years ago, they now have four staff members ready to become Validation Teachers. What makes this especially impressive? All training happens in both French and German.

Their motto says it all: "An excellent support in all stages of old age." From our recent visits, they truly live up to it.

☐ Read SERVIOR's full story here



IN MEMORY Yael Ben Movachar

Validation

In Memory of Yael Ben Movachar (z"l)

The Validation community mourns the sudden passing of Yael Ben Movachar, a woman whose calm presence and generous spirit touched everyone she met. As an occupational therapist, homeopathy teacher, and dedicated Validation educator in Israel, Yael brought depth, precision, and compassion to everything she pursued.

Whether working as an inspector at the Ministry of Health, training staff at the Metav Day Center, or teaching families how to communicate with loved ones living with dementia, Yael had a gift for seeing the individual behind the illness. She listened without judgment, understood what was left unsaid, and knew when to offer presence over words.

Those who knew Yael remember her authentic spirit and the lasting sense of safety she gave to those around her. Her legacy lives on in every person she taught to connect with empathy and respect.

<u> ⊓ Read the complete tribute here</u>



Partner Spotlight: Building Authentic Connections with NALTCV

We're thrilled to announce our partnership with the National Association of Long-Term Care Volunteers (NALTCV), addressing a heartbreaking reality: nearly half of the 1.5 million people in U.S. long-term care communities receive no visits from anyone.

Founded by Dr. Paul Falkowski in 2022, NALTCV creates networks of trained volunteers who build genuine connections with residents. As one 92-year-old resident named Clarence put it: "To be human is to have someone to love and to have someone love you. And as far as I can tell, I am still human."

This partnership allows us to weave Validation principles into volunteer training, ensuring these vital connections are built on empathy and the understanding that every person has a story worth honoring.



Read Dr. Falkowski's full article about this meaningful partnership

New Dates: Join us for "Memory Care: Validation for Activity Professionals."

Our classroom platform opens on June 24, with the first interactive webinar on JULY 8. Secure your spot now and invite a colleague to join you. CEU credits are available.

This 11-week interactive course includes 6 live webinars, coursework, and practice sessions. Led by certified Validation and NCCAP instructors Nancy Brown, CVT, and Brenda Deckman, CVW, you'll learn to integrate the Validation attitude and techniques into your activities and interactions with individuals living with dementia.

Don't miss out! Click the link below to sign up!

https://www.nccap.org/index.ph...

Upcoming Meetings – June & July 2025

<u>June</u>

- Teacher Meeting (Tuesday): June 11 at 9:00 AM Pacific / 12:00 PM Eastern
- AVO Meeting (Monday): June 17 at 9:00 AM Pacific / 12:00 PM Eastern
- German Teacher Meeting: June 3 at 6:00 PM CET / 7:00 PM Israel
- French Teacher Meeting: June 24 at 7:00 PM CET / 8:00 PM Israel

<u>July</u>

- Teacher Meeting (Friday): July 12 at 10:00 AM CET / 11:00 AM Israel
- AVO Meeting (Friday): July 19 at 10:00 AM CET / 11:00 AM Israel

For more information or to register for the meetings- click here

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