

P1637- Evaluating the Efficacy of Online and Blended Learning Training Courses in the Validation Approach

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INTERVENTION:

Online and blended Validation courses strengthen caregiver confidence and improve communication with older adults.

METHODS:

Design:

- Mixed-method study using pre- and post-training surveys (Google Forms).
- Data collected across one year.

Courses Include:

- Beginning Validation Tutorial
- Skill Building Block
- Family Caregiver Course
- Memory Care: Validation for Activity Professionals
- Validation for Medical Professionals
- Practical Validation
- Level 1 Worker Course

Measures:

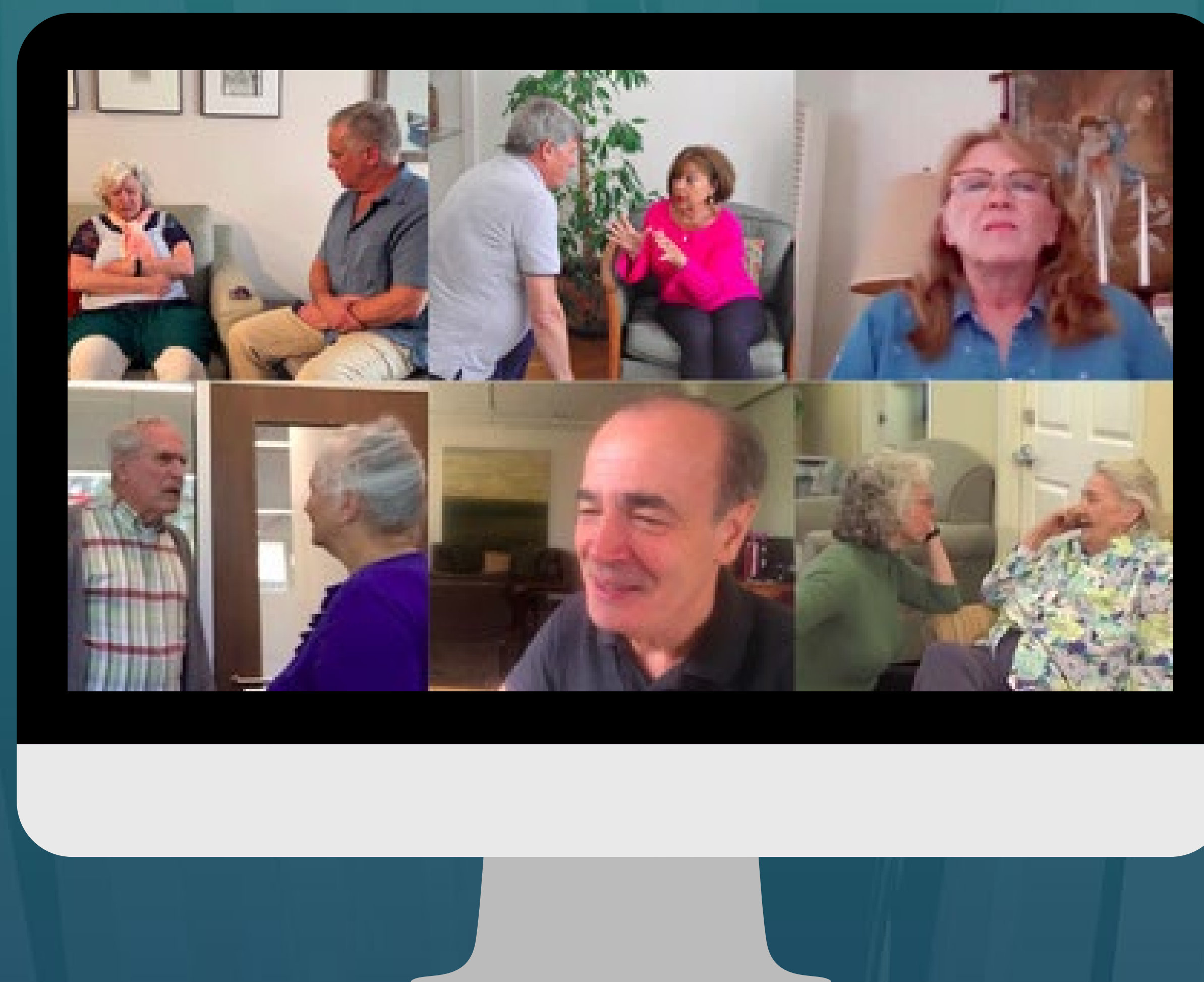
- Validation Knowledge Survey** – knowledge acquisition
- SERDB Scale** – self-efficacy in managing behaviors
- PSS-10** – perceived stress (longer courses only)



BACKGROUND

The **Validation Method** is a person-centered, evidence-based, psychosocial intervention supporting individuals with cognitive decline and their care partners.

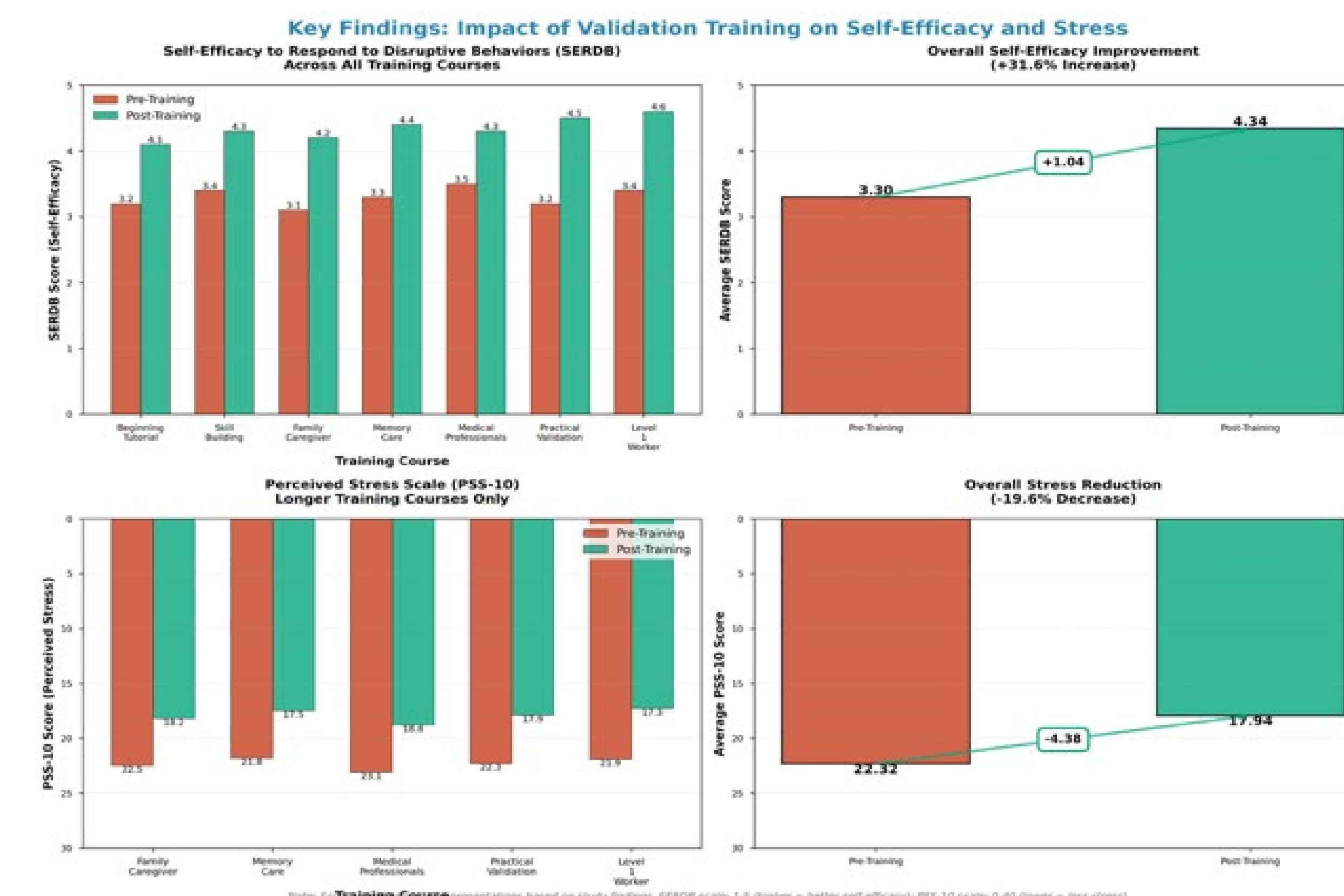
Validation fosters empathy, dignity, and connection for people living with cognitive change. This study investigates the impact of online and blended training on **caregiver outcomes**



RESEARCH QUESTIONS

- + Does online or blended Validation training improve caregiver self-efficacy and reduce stress?
- + What challenges occur when using digital surveys to measure these outcomes?

FINDINGS



IMPLICATIONS for PRACTICE

Online and blended Validation training improve caregiver confidence and reduce stress

To strengthen outcomes, future programs should

- Refine knowledge-assessment tools
- Improve survey design tracking

These steps will enhance evaluation accuracy and quality of care.

FINANCIAL DISCLOSURE

- No funders provided financial support

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